



CORONA VIRUS INFO

Shelter Bay Community Response to COVID-19 CORONAVIRUS

**IT IS IMPORTANT TO REALIZE THAT NO ONE IN
SHELTER BAY HAS YET TO BE DIAGNOSED WITH
CORONAVIRUS COVID-19**

To help prevent the potential spread of the virus, the Shelter Bay Board is enacting the following measures to be effective Monday, March 9th:

- **The Shelter Bay Office and Annex will be closed to Members until April 1st or until further notice**
- **Staff will be available by phone or email only**
- **All non - essential Committee or group gatherings using facilities are cancelled until April 1st**
- **Committees or groups with vital work or functions will require a waiver from the Board to meet**
- **Waivered groups will need to follow health-wise established protocols**
- **Please visit the following websites for more information on the virus:**
 - <https://www.skagitcounty.net/Departments/HealthDiseases/coronavirus.htm>
 - <https://www.doh.wa.gov/Emergencies/Coronavirus>
 - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- **For more information about the Shelter Bay Office closure or group activity cancellations, please call 360-466-3805, Mon-Fri, 8am – 5pm**

Individual Community Member Response to COVID-19 CORONAVIRUS

The Center for Disease Control considers individuals over 60 years old to be at a higher risk to develop complications from this virus. A survey of Shelter Bay residents shows 80% are 60 years or older. Here's what you need to know and do:

You have no symptoms and are healthy:

- Stock up on medicines and necessities
- Know contact number of your healthcare provider
- Practice good health habits (i.e. washing hands)

You have symptoms (fever, cough, breathing issues, sore throat, or muscle aches)

- **DO NOT GO TO A CLINIC OR HOSPITAL. CALL YOUR HEALTH CARE PROVIDER!**
- Separate yourself from others and pets
- Continue to practice good health habits
- Monitor your symptoms, rest, take fever reducing medications and drink fluids

For more information visit the WA Dept of Health Website:

<https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020/HigherRiskforSeriousIllness>